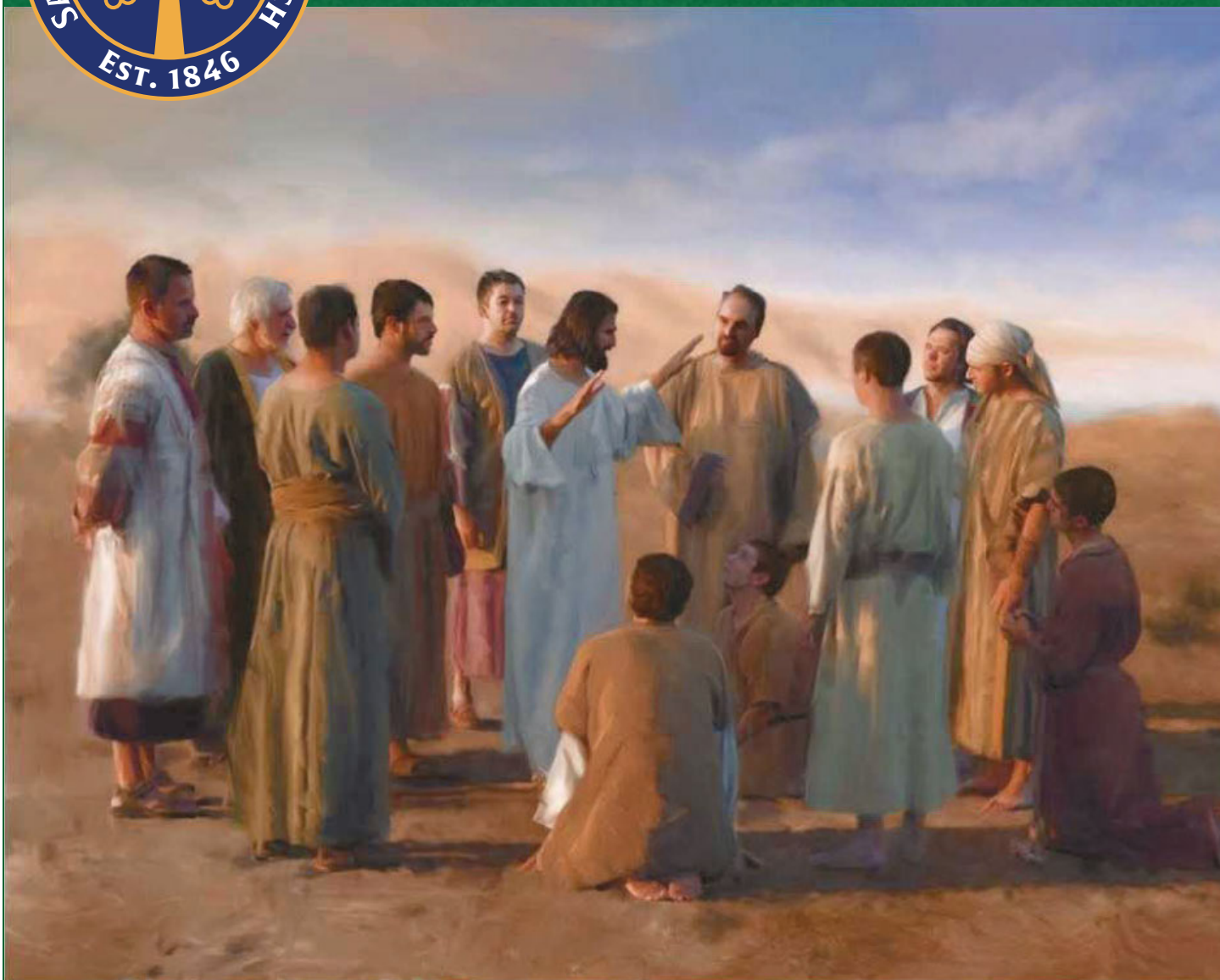




FEBRUARY 19, 2023

SEVENTH SUNDAY IN ORDINARY TIME



Pastor

Fr. Jeremy Secrist, K.H.S.
jsecrist@diojeffcity.org

Associate Pastors

Fr. Brad Berhorst, J.C.L.
bberhorst@diojeffcity.org

Fr. Thomas Alber
talber@diojeffcity.org

Deacons

Deacon Enrique Castro
Deacon Ric Telthorst
Deacon David Thompson
Deacon Thomas Fischer (retired)
Deacon Tom Whalen (retired)

Weekend Mass Schedule

Saturday: 4:30 pm
Sunday: 7:00 am, 9:00 am,
11:00 am, 1:00 pm (en Español)

Weekday Mass Schedule

Monday-Friday: 8:00 am & 12:03 pm

Priest on the Porch (Confessions)

Tuesday-Friday: 10:30 am - 11:45 am

In Confessional

Saturday: 3:30 - 4:15 pm
Between Sunday Masses celebrated
at 7:00 am, 9:00 am & 11:00 am

Parish Contact Information

216 Broadway
Jefferson City, MO 65101

Telephone: 573-636-8159
Fax: 573-200-8408

Parish Email: parish@saintpeterjc.org
Parish Website: www.saintpeterjc.org
Facebook: www.facebook.com/
saintpeterchurch

Bulletin Email:
bulletin@saintpeterjc.org
Bulletin Deadline: Tuesday at 3:00 pm



SATURDAY, FEBRUARY 18

4:30 pm Vigil Mass † Mary Jo Vallejo

SUNDAY, FEBRUARY 19 SEVENTH SUNDAY IN ORDINARY TIME

Readings: Leviticus 19:1-2, 17-18 • 1 Corinthians 3:16-23 • Matthew 5:38-48

7:00 am † James Kibler
 9:00 am † Tony Nigro
 11:00 am Fred & Regina Wagner family
 1:00 pm *Pro Populo*

MONDAY, FEBRUARY 20

Readings: Sirach 1:1-20 4:1-15, 25 • Mark 9:14-29

8:00 am † Dan Mosley
 12:03 pm A special intention

TUESDAY, FEBRUARY 21 ST. PETER DAMIAN, BISHOP AND DOCTOR OF THE CHURCH

Readings: Sirach 62:1-11 • Mark 9:30-3
 8:00 am † Ray & Lorraine Roling
 12:03 pm † Joseph Noonan

WEDNESDAY, FEBRUARY 22 ASH WEDNESDAY

Readings: Joel 2:12-28 • 2 Corinthians 5:20 – 6:2 • Mark 6:1-6, 16-18

8:00 am † Allen Dale Secrist
 10:00 am † Martina Hoffman-Boyd
 12:03 pm † Orville & Eleanor Schulte
 7:00 pm † Patrick Lavery

THURSDAY, FEBRUARY 23 ST. POLYCARP, BISHOP AND MARTYR

Readings: Deuteronomy 30:15-20 • Luke 9:22-25

8:00 am † Bud & Jo Dudenhoefter
 12:03 pm † Thomas Perkins

FRIDAY, FEBRUARY 24

Readings: Isaiah 58:1-9a • Matthew 9:14-15

8:00 am † Vic Roszkopf
 12:03 pm † Aaron Allen

SATURDAY, FEBRUARY 25

4:30 pm Vigil Mass † Imogene & Herbert Volmert,
 † Herbert & Mildred Kiesling

SUNDAY, FEBRUARY 26 FIRST SUNDAY OF LENT

Readings: Genesis 2:1-9, 3:1-7 • Romans 5:12-19 • Matthew 4:1-11

7:00 am † Sandra Owens
 9:00 am † Victor Lueckenhoff
 11:00 am † Ben Luechtefeld
 1:00 pm *Pro Populo*
 4:30 pm Lenten Solemn Vespers

TO BE AN "ACTIVE" CATHOLIC STEWARD MEANS:

- **To Pray:** that is, attend Mass faithfully in the parish on weekends and Holy Days.
- **To Participate:** that is, to use one's time and talents to strengthen the parish community and advance the Gospel.
- **To Sacrificially Give:** that is, pledge and remain current on a tithe of financial first fruits to support the life and ministries of the parish. The goal is 8% to the parish and 2% to other worthy charities.

**LITURGICAL MINISTERS
 ASH WEDNESDAY - FEBRUARY 22, 2023**



EXTRAORDINARY MINISTERS OF HOLY COMMUNION

8:00 am Volunteers Requested
 10:00 am Volunteers Requested
 12:03 pm Volunteers Requested
 7:00 pm Renee Bungart, Pat Seifert

READERS

8:00 am St. Peter School
 10:00 am St. Peter School
 12:03 pm Jacqueline Trippensee
 11:00 am Taube Wurst

USHERS

8:00 am Volunteers Requested
 10:00 am Mark Veit
 12:03 pm Volunteers Requested
 7:00 pm Volunteers Requested

ALTAR SERVERS

8:00 am St. Peter School
 10:00 am St. Peter School
 12:03 pm Volunteers Requested
 7:00 pm Volunteers Requested

CANTORS & MUSICIANS

8:00 am Volunteer Requested - Cantor
 Nicholas Liese - Organist
 10:00 am Volunteer Requested - Cantor
 Nicholas Liese - Organist
 12:03 pm Volunteer Requested
 Nicholas Liese - Organist
 11:00 am St. Peter Choir - Cantor
 Nicholas Liese - Organist

WHAT TO DO WITH YOUR PALMS FROM LAST YEAR -

Blessed palms need to be burned and buried. This type of disposal honors their sacred purpose and returns them to the earth in a dignified way. Please drop off your palm branches in one of the boxes provided at one of the church entrances and Fr. Secrist will properly dispose of the them.



BISHOP MCKNIGHT'S FEBRUARY PRAYER INTENTION

For engaged couples preparing for marriage in our Church; that they may grow together in their love for one another as they seek to enrich their matrimonial commitments with the grace of God.

Por las parejas comprometidas que se preparan para el matrimonio en nuestra Iglesia; para que puedan crecer juntos en su amor mutuo mientras buscan enriquecer sus compromisos matrimoniales con la gracia de Dios.

LITURGICAL MINISTERS
FEBRUARY 25 & FEBRUARY 26, 2023
FIRST SUNDAY OF LENT



EXTRAORDINARY MINISTERS OF HOLY COMMUNION

4:30 pm Jacqueline Baldwin, Mark Struempf
 7:00 am Judy Holzhauser, David Kiesling
 9:00 am David Bange, Julie Bange
 11:00 am Rodney Bax, Nancy Bochat

READERS

4:30 pm Zachary Haake
 7:00 am Susie Szumigala
 9:00 am Gregory Mihalevich
 11:00 am Stephanie Stark

USHERS

4:30 pm Mike Abbott, Don Boes, Dan Smith
 7:00 am Kaleb Godwin, Carolyn Ousley, Harold Ousley
 9:00 am Jerry Dunn, Bruce Green
 11:00 am Dennis Bochat, Richard Mosh

ALTAR SERVERS

4:30 pm Xavier Bernskoetter, Benjamin Kelly, Brooklyn Lute, Madison Stieferman
 7:00 am Phoenia Godwin, Tobyas Godwin
 9:00 am Allison Amick, Ethan Fender, Kaylyn Kempker, Matthew Worthen
 11:00 am Aiden Coulter, Porter Schaefer

CANTORS & MUSICIANS

4:30 pm Volunteer Requested - Cantor
 Nicholas Liese - Organist
 7:00 am Clare Tapia - Cantor
 Nicholas Liese - Organist
 9:00 am Schola Cantorum
 Nicholas Liese - Organist
 11:00 am Elizabeth Huber - Cantor
 Nicholas Liese - Organist

MUSIC FOR FEBRUARY 18 & 19, 2023 MASS

Readings: Heritage Missal, page 93
Mass Setting: Mass of Wisdom (booklet in pews)
Processional: Love, Divine All Loves Excelling (Gather 641)
Offertory: We Are Many Parts (Gather 834)
Communion Antiphon: You have laid down Your Precepts to be obeyed with care.
Communion: Alleluia! Sing to Jesus! (Gather 949)
Recessional: All Creatures of our God and King (Gather 611)

EXPOSITION OF THE BLESSED SACRAMENT



Adoration with exposition of the Blessed Sacrament is Monday-Thursday beginning at 9:00 am and ending at 8:00 pm.

Additional adorers and substitutes are needed to ensure that every hour has at least two adorers. Open hours are First Friday at 4:00 am. Sign up to spend an hour with Jesus at adorationpro.org/saintpeterjc. Questions? Contact Claudia Galbraith at 573.220.6693

PARKING AT ST. PETER PARISH during the week when school is in session is always difficult. Sometimes people park in a reserved space thinking they will just be a few minutes and the spot is open anyway. Please be considerate and do not park in the reserved parking spaces as the person it is reserved for may be late, on an errand or not scheduled until a specific time. Please pay careful attention to signs that say the space is reserved and do not park there. Thank you for your kind cooperation in this matter.

PRAYER REQUESTS

E-Prayer Line: Please submit your email prayer requests to Mary Dayton at prayerline@saintpeterjc.org. When submitting a prayer request please use first name only and what the prayer need is. It is always good to hear about prayers answered!

"Prayer Angels" is a group of parish volunteers, mostly homebound, who pray for the needs of the parish. If you would like to be a part of the Prayer Angels or do not have email you can request prayers by calling Lisa Fender at 573.821.1111.

PARISH STAFF

Telephone: 573-636-8159

Email: parish@saintpeterjc.org

Office hours are Monday-Friday from 9:00 am to 5:00 pm

Parish School of Religion (PSR)

Roger & Theresa Backes
rbackes6@aol.com

Coordinator of Hispanic Ministry

Deacon Enrique Castro
ecastro@diojeffcity.org

Volunteer Coordinator

Position open

Parish Nurse

Alice Kuehn
akuehn@saintpeterjc.org

Communications/Outreach Director

Kathleen Lavery
communications@saintpeterjc.org

Organist & Director of Sacred Music

Nicholas Liese
music@saintpeterjc.org

Mass Intentions/Sacramental Records

Beverly McCracken
bmccracken@saintpeterjc.org

Business Manager

Position Open

Society of St. Vincent de Paul

For information or assistance call (573) 632-2634

St. Peter Parish School

314 West High Street,
 Jefferson City, MO 65101
 Gayle Trachsel, Principal
 Telephone: (573) 636-8922
 Fax: (573) 636-8410

School E-mail: saints@stpeterjc.org
 Website: www.saintpeterjc.org/school
 Facebook: [Facebook.com/StPeterInterparishSchool](https://www.facebook.com/StPeterInterparishSchool)

SACRAMENTAL LIFE

Holy Matrimony

The first step in planning a wedding at St. Peter is to contact the Pastor. You may call to check available dates beforehand, but the wedding can only be scheduled after approval by the priest and *at least a minimum of six months* prior to the proposed wedding date. Any Catholic being married needs to have received the Sacrament of Confirmation.

Baptism

Parental preparation is required for a child to be baptized. Please plan to attend the required class prior to your child's birth. Sessions are usually held once a quarter. Please call the Parish Office to sign up.

Anointing of the Sick

If you are preparing for surgery, please let our priests know before you go to the hospital. Because of COVID-19, the possibility of receiving the Anointing of the Sick after you've been admitted to hospital is not guaranteed.

Catholic Inquiry and Faith Formation (formerly R.C.I.A.)

Inquiry sessions for those interested in joining the Catholic Church and receiving the Sacraments of Baptism, Confirmation and the Holy Eucharist began on September 12, 2022 at 6:30 pm in Msgr. Hoog Hall. Please contact Deacon Ric Telthorst at (573) 690-0730 or deacontelthorst@gmail.com for more information.

STEWARDSHIP

February 5, 2023	\$	53,919.26
February 12, 2023	\$	20,827.31
February 19, 2023	\$	
February 26, 2023	\$	
Budget for February	\$	178,333.34
Total Collected for February	\$	74,746.57
Difference	\$	-103,586.77
Budget Goal To Date	\$	1,358,077.05
Total Collected To Date	\$	1,429,093.31
Difference	\$	71,016.26
Facility/Property Maintenance: February	\$	4,937.00
Facility/Property Maintenance To Date	\$	51,792.19
Samaritan Center	\$	February 19

Thank you for your continued tithing and support of St. Peter Parish & School! As of Tuesday, February 19, 2023.




Congratulations to
Aysa Theodore Dale Keith Coen
 who was baptized into the Faith
 on February 18, 2023
 and
Charlotte Rose Mahon
 who was baptized into the Faith
 on February 19, 2023.

VOCATIONS SPOTLIGHT

Please pray for the men who are studying and discerning a vocation to the priesthood or consecrated life. This week, please pray for:

Mr. Gage Neisen
 Home Parish: Queen Peace (Ewing)
 Seminary: Holy Trinity Seminary (HTS)
 Birthdate: March 20



Seminarian correspondence should go to the Office of Vocations at: 2207 West Main Street, Jefferson City, MO 65109



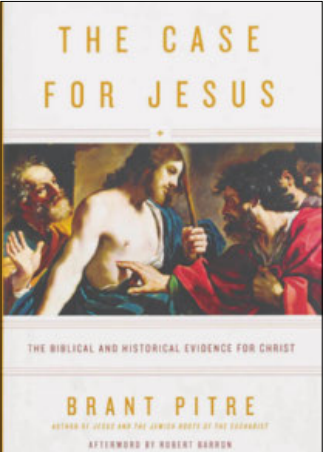
CURSILLO is a secluded weekend where Catholic men and women dedicate themselves to evaluating what is most important in their lives and how best to achieve their highest goals. They are led in this process by a team of trained laity as well as a priest and deacon. Daily Mass, Reconciliation, short talks and group discussion are major elements of the Weekend. If you are interested in making your Cursillo Weekend one is coming up soon in the beautiful Lake of the Ozark area. Here's how to get started:

- Get an application <https://www.dropbox.com/s/j68nhpsk03llt2o/Application%20REV%202022.08.26.pdf?dl=0>
- Talk with a sponsor who will help you complete the application process
- Submit your application soon

The dates for the upcoming Cursillo Weekends are coming soon:
Men's Cursillo March 2-5, 2023 in Camdenton, MO
Women's Cursillo March 16-19, 2023 in Camdenton, MO

For more information reach out to your local parish contact: Janet Brown at 573-635-0632 or Becky Sander, Applications Coordinator; sander.becky@gmail.com, 573-808-3758 text/call.

FREE BOOK FOR LENT



For well over a hundred years now, many scholars have questioned the historical truth of the Gospels, claiming that they were originally anonymous. Others have even argued that Jesus of Nazareth did not think he was God and never claimed to be divine. As *The Case for Jesus* will show, recent discoveries in New Testament scholarship, as well as neglected evidence from ancient manuscripts and the early church fathers, together have the potential to pull the rug out from under a century of skepticism toward the traditional Gospels. Above all, Pitre shows how the divine claims of Jesus of Nazareth can only be understood by putting them in their ancient Jewish context. Books are available at church entrances.

THIS WEEK AT ST. PETER PARISH**SUNDAY, FEBRUARY 19**

12:45 pm Charlotte Rose Mahon Baptism, Church
 2:00 pm - 6:00 pm Pack Pinewood Derby Cut Date, Scout Room

MONDAY, FEBRUARY 20

9:00 am - 8:00 pm Exposition of the Blessed Sacrament, Chapel
 5:00 pm - 9:00 pm St. Ann Quilters, Scout Room
 6:30 pm - 8:00 pm Catholic Inquiry and Faith Formation classes, Msgr. Hoog Hall

TUESDAY, FEBRUARY 21

9:00 am - 8:00 pm Exposition of the Blessed Sacrament, Chapel
 5:00 pm - 7:00 pm School Advisory Council Meeting, Msgr. Hoog Hall
 6:00 pm - 8:30 pm Den 5 Meeting, Scout Room
 6:00 pm - 7:30 pm Schola Cantorum Rehearsal, Church
 6:30 pm - 7:30 pm Baptism Class, Selinger Haven

WEDNESDAY, FEBRUARY 22: ASH WEDNESDAY

9:00 am - 8:00 pm Exposition of the Blessed Sacrament, Chapel
 3:30 pm - 5:30 pm St. Rita Quilters, Scout Room
 6:00 pm - 8:30 pm Five Rivers District Roundtable Planning Meeting, Scout Room
 7:00 pm - 8:00 pm Parish School of Religion

THURSDAY, FEBRUARY 23

9:00 am - 8:00 pm Exposition of the Blessed Sacrament, Chapel
 6:30 pm - 8:45 pm Troop 4 Meeting, Scout Room
 7:00 pm - 8:30 pm Choir practice, Church

FRIDAY, FEBRUARY 24

2:30 pm Stations of the Cross with school children, Church
 7:00 pm Stations of the Cross, Church

SUNDAY, FEBRUARY 26

7:30 am - 11:00 am Holy Name Society Pancake & Sausage Breakfast, Msgr. Hoog Hall
 4:30 pm Lenten Solemn Vespers

LENTEN SCHEDULE

ASH WEDNESDAY: Masses at 8:00 am, 10:00 am, 12:03 pm, and 7:00 pm. Please note that the 8:00 am and 10:00 am Masses will include St. Peter School children. We request that the public sit towards the back of the church so the children may sit in their assigned seats.

STATIONS OF THE CROSS: Fridays at 2:30 pm and 7:00 pm in the church.

COMMUNAL PENANCE SERVICE: Tuesday, March 28 at 7:00 pm in the church. There will be multiple confessors available.

HOLY THURSDAY: Mass of the Lord's Supper at 7:00 pm with Adoration until Midnight in the church. Seven church pilgrimage until midnight.

GOOD FRIDAY: Stations of the Cross at 3:00 pm with Confessions following until 4:30 pm; Good Friday Liturgy at 7:00 pm with individual veneration of the cross.

HOLY SATURDAY: Vigil Mass at 8:30 pm in the church.

EASTER SUNDAY: Masses at 7:00 am, 9:00 am, 11:00 am and 1:00 pm en Espanol. There will be a video and audio feed in the Chapel for overflow during the morning Masses.

SECOND SUNDAY OF EASTER: Regular Mass Schedule; First Holy Communion Mass at 3:00 pm on Sunday, April 16.

**LENTEN REGULATIONS AND ADMONITIONS**

As another Lenten journey of conversion begins with Ash Wednesday on February 22, and ends with the Mass of the Lord's Supper on Holy Thursday, April 6, Holy Mother Church calls all Catholics to a deeper spirit of penance, fasting, almsgiving and prayer, "which express conversion in relation to oneself, to God, and to others" (Catechism of the Catholic Church Nos. 1434 and 1969).

To foster a greater spirit of penance, of reparation for sin, to encourage self-denial, and so guide us more closely in the footsteps of Christ, Holy Mother Church reminds us of the following obligations of fast and abstinence during Lent and also admonishes us all to deeper prayer and worship.

Abstinence: all persons who have already celebrated their 14th birthday are bound to abstain from meat on Ash Wednesday, all Fridays of Lent and Good Friday.

Fasting: everyone, from the celebration of their 18th birthday to their 59th birthday, is bound to fast on Ash Wednesday and Good Friday. Fasting is generally understood to mean eating only one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Voluntary fasting on other weekdays of Lent is highly recommended. But please note: when health or ability to work would be seriously affected, neither the law of fasting nor the law of abstinence obliges. These are minimal penitential practices and should not be lightly excused. If in doubt, please consult your parish priest. Other recommended forms of fasting, as regards alcoholic drink, needless television, video games, internet use, and social entertainment, are of true spiritual value and strongly encouraged.

Almsgiving: The act of giving to the poor, in the most ancient tradition of the Church, is an expression of penance, a witness of fraternal charity, and an expression of Lenten conversion. Therefore, all Catholics are encouraged to support generously the charitable works of the whole Church: through regular stewardship to their parish and support of charities.

Prayer: In order to deepen one's love for Christ, Catholics are urged all the more to participate in the sacramental life of the Church during Lent by attending daily Mass and frequenting the Sacrament of Penance.

**HOLY NAME SOCIETY
PANCAKE AND SAUSAGE
BREAKFAST FUNDRAISER**



All you can eat pancakes, sausage, coffee, milk and orange juice on Sunday, February 26, 2023 in Msgr. Hoog Hall. Hours are from 7:30 am - 11:00 am. \$10.00 for adults, \$5.00 Children 5-12, \$30.00 Family price (3+kids).



UPCOMING FISH FRIES:

HOLTS SUMMIT, ST. ANDREW CHURCH:
February 24, March 3 and 10. Dine In and

Carry-Out. Fried catfish, baked beans, slaw, baked potatoes, french fries, cornbread, dessert & drinks. Serving 3:30 pm - 7:00 pm. Pricing: Dine In: Adults - \$14.00, Children 5-12 - \$7.00, Under 5 - free. Carry-out: \$12.

TAOS: February 24 and March 3, 17 and 31 at Knights of Columbus Hall. All you can eat Fish Dinner, boiled shrimp dinners. All served with choice of baked potato or french fries, cole slaw, baked beans, hush puppies, ice cream tea and coffee. Cost is \$14.00 per meal. Serving 4:30 pm - 7:30 pm.

OSAGE BEND, ST. MARGARET PARISH: February 24. Catfish fillets, hush puppies, baked potatoes, french fries, baked beans and cole slaw. Adults - \$14.00, children 6-12 - \$6.00, children 5 and under - free. Carry out available at \$14.00 per plate.

RICH FOUNTAIN, SACRED HEART PARISH: March 3. Fish, hush puppies, baked beans, buttered parsley potatoes, coleslaw and fresh baked bread. Serving 4:30 pm - 7:30 pm. Cost is \$14.00 per meal. Drive thru only.

RUSSELLVILLE, ST. MICHAEL PARISH: March 3. Catfish fillets, french fries, coleslaw, new potatoes, baked beans and dessert. Macaroni & cheese and hot dogs available for children. Serving from 4:30 pm to 7:00 pm. Adults - \$13.00, children 7 to 13 - \$6.00, children under 7 - free.

LOOSE CREEK SCHOOL: March 17. Boneless fish, hush puppies, parley potatoes, bakes beans and cole slaw. Serving 5:00 pm - 7:00 pm. Drive thru only, \$12.00 per meal. Provided by Bonnots Mill Knights of Columbus Council 2027.

ST. PETER SCHOOL NEWS

PRESCHOOL REGISTRATION 2023-2024

Registration for preschool has begun! Applications are now being accepted online through the St. Peter school website at <https://saintpeterschooljc.org>. Under the Quick Links click on Application Form. If you have any questions, please contact Mrs. Garner at 636-8922 ext 327 or sgarner@stpeterjc.org

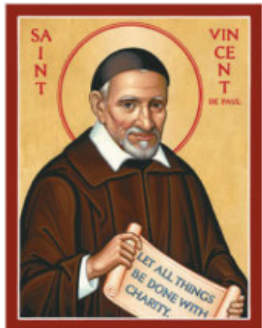
The estate of **Ethel Bruning and Family** has established a **scholarship** to be used toward Helias Catholic High School tuition for students of St. Peter Parish. Students of active parishioners entering any grade at Helias are able to apply and receive a scholarship if approved. The scholarship amounts range from full tuition to half of tuition.

Application forms are in the St. Peter Parish Office and can be picked up Monday – Friday from 9:00 am to 5:00 pm. You can also get an application emailed by calling the Parish Office or emailing parish@saintpeterjc.org. Applications are due back to the Parish Office by April 28, 2023.



WESTPHALIA KNIGHTS OF COLUMBUS SPRING CHICKEN DINNER AND DANCE featuring Shiloh Country Band will be March 11th, 2023. Cost is \$25.00 per person. The fried chicken meal will begin at 6:30 pm, with the dance beginning at 8:30 pm. For more information or for tickets contact Ron Berhorst (573-619-8213) or Russell Voss (573-619-1324).

The best penance is to have patience with the sorrows God permits.
- St. Peter Damian



SOCIETY OF ST. VINCENT DE PAUL, ST. PETER CONFERENCE WAS VERY BUSY IN 2022.

The committee received more than 350 phone calls and

provided assistance to 336 individuals or families. Twenty- four beds for children were provided. One hundred fifty-six volunteer hours and six hundred volunteer miles were recorded. We thank you as we could not provide assistance to those in need, if it were not for your generous donations!

Most of the financial assistance was for utilities to prevent disconnection, or fuel to get to work or doctor appointments. We try to provide services that are not provided by other agencies. One such case was helping a grandfather get to St. Louis to be at the bedside of his dying grandson.

We also refer many people to other agencies that can help them, such as the local food pantries.

SVDP also provides a monthly meal at the Salvation Army. We continue to feed 35-45 people the first Wednesday of the month. We could use more volunteers to bring and or serve food. If you are interested in helping, please email Carol England at: Carolengland71@gmail.com or Randy England at randyengland@gmail.com

Several SVDP members as well as other parishioners, volunteer at The Jefferson City Room at the Inn. JCRATI is a winter low barrier shelter for the homeless. The shelter is located at Catholic Charities and is supported by several community churches and other members of the community. More than a dozen homeless men and women are being housed each night, and an evening and breakfast meal is provided. Thank you to all the parishioners that have volunteered to provide a meal or work a shift!

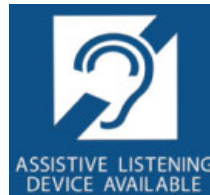
LENTEN PRESENTATION AT CATHOLIC CHARITIES begin on Mondays beginning February 27 from 10:00 am to 11:00 am. Presenter will be Mary Ellen Budnik.

ALICE KUEHN'S NURSE NOTES

LENT: A TIME OF RENEWAL

On Ash Wednesday we pray that God our Father will fill us with the Holy Spirit, purify our hearts, and strengthen us in love. We ask the Holy Spirit: "may we be filled and satisfied by the word which you give us, to be loving in the ordinary events of daily life, to abstain from what we do not really need, and to help our brothers and sisters in distress." Think about how you can make Lent holy through both self-denial and positive action. Can Lenten discipline help you be more attentive to your *physical*, *mental* and *spiritual* health? Maybe you could revisit new year's resolutions and pick one or more to renew. Maybe volunteer as a caring neighbor and bring Holy Communion to those homebound, visit our parishioners in nursing homes, help out at Catholic Charities, St. Vincent de Paul, the Samaritan Center, etc. Pray to the Holy Spirit to guide you on your journey.

A NOTE FROM GASTON DE LA TORRE: A few years ago St. Peter Catholic Church acquired a hearing assistance system that greatly improved my listening and enjoyment of the Mass. If you have hearing problems, difficulty with the clarity of the speech of the speaker, or if you use hearing aides equipped for use with telecoil loop systems, you should give it a try. There are two ways to use the hearing assistance system. 1) Use the receiver with the ear chord provided, or you may be able to use your own ear chord to connect to the receiver. 2) Use the receiver with one of the two telecoil loops provided if your hearing aides have a telecoil setting (this is the way I prefer using it, because it feeds the voice directly to my hearing aides). The hearing assistance equipment is kept in the closet located at the side ramp entrance to the Church. There is a sign-out book to help keep track of the hearing aide usage, and to let the church know if they need to acquire more units.



PARISHIONERS WHO ARE HOSPITALIZED OR HOMEBOUND:

Please call or email to let us know if you or a family member is hospitalized or homebound and/or if you would like the parish nurse to call, pray with you and/or assist you with questions and health care concerns. Remember that if you or a family member moves from hospital to home or rehab center or nursing care facility, the hospital cannot tell us your location due to HIPPA regulations. Please let us know their new location. Thank you! You may contact me at 636-8159 x469 or via email akuehn@saintpeterjc.org.

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