

# THE ASCENSION OF THE LORD MAY 17, 2026



## PARISH MISSION STATEMENT

We, the parish community of St. Peter Catholic Church, profess our belief in the teachings of Jesus Christ through word, worship, education, and action.

**Gather ~ Worship ~ Share ~ Transform**



**SAVE THE DATE**

**HALLOWEEN**

**BLOCK PARTY 2026**

**FRIDAY,**

**OCTOBER 30TH**



**ST. PETER CATHOLIC CHURCH**



# FORMATION

## Monday, May 18

- 12:03pm - Mass - Church
- 4:30pm - Small Prayer Group - Fr. Ahrens Rm.
- 5:00pm - St. Anne Quilters - Scout Rm.
- 6:30pm - Ministry Formation Program (Spanish)-SSND Rm.

## Tuesday, May 19

- 8:00am - Mass - Church
- 11:00am - Confessions - Church
- 12:03pm - Mass - Church
- 5:00pm - School Advisory Council - SSND Rm.
- 6:00pm - Finance Council Meeting
- 6:00pm - Schola Rehearsal - Church
- 6:30pm - Baptism Class (English) - Msgr. Hoog Hall

## Wednesday, May 20

- 8:00am - Mass - Church**
- 11:00am - Confessions - Church
- 12:03pm - Mass - Church
- 6:00pm - Welcome Committee Meeting - Msgr. Hoog Hal

## Thursday, May 21

- 8:00am - Exposition of the Blessed Sacrament
- 12:03pm - Mass - Church
- 7:45pm - Benediction - Chapel

## Friday, May 22

- 8:00am - Mass - Church
- 11:00am - Confessions - Church
- 12:03pm - Mass - Church
- 5:00pm - Tyler Bish/Mary Groner Wedding Rehearsal -Church

## Saturday, May 23


- 3:30pm - Confessions - Church
- 4:30pm - Vigil Mass - Church
- 1:00pm - Tyler Bish/Mary Groner Wedding - Church

## Sunday, May 24 - Pentecost

- 8:00am - Mass - Church
- 10:00am - Mass - Church
- 11:15am - Confessions (in Spanish) - Church
- 11:30am - Rosary (in Spanish) - Church
- 12:00pm - Mass (in Spanish) - Church

Please join us for the ordination of


**Dcn. Jacob Hartman**  
to the Priesthood



Saturday, June 6 at 10 a.m.  
Cathedral of St. Joseph.

DIOCESE OF Jefferson City Please RSVP at: [diojeffcity.org/Ordination-2026](http://diojeffcity.org/Ordination-2026)

**Deacon Jacob Hartman**  
**St. Peter Graduate**  
**Class of 2014**



**Baby Bottle Drive.**  
The Pregnancy Help Center is having their annual Baby Bottle Drive to support local mothers in need. Please take a bottle with cash, check, or coins, and

Monday June 22nd.

**Please Note:**  
Due to the downtown celebration for the 250th anniversary of the USA there will no 4:30pm Mass July 4th.

**Plan Ahead!**

**ICE CREAM SOCIAL**

**WEDNESDAY, JUNE 17**  
**11:00 TO 6:00 PM**

ST. JOSEPH CATHEDRAL CANA HALL  
2215 W. MAIN STREET

ST. MARY'S HOSPITAL AUXILIARY



## St. Peter's News

### Men of the Proto-Cathedral of St. Peter:

You are invited to join the Men of Signum Crucis at our next gathering, which begins at 6:30 p.m. on Wednesday, May 20, at Helias Catholic High School.

For more information about the Men of Signum Crucis, contact Donnell Rehagen at 573-462-9501; or Tim Holly at 573-298-1295; or Mike O'Rourke at 214-663-9694; or Mark Rehagen at 573-680-2520; or visit us at [www.menofsignumcrucis.com](http://www.menofsignumcrucis.com).



### 2026-2027 SCHOOL YEAR DATES

See below for some important dates for the upcoming school year!  
Full calendar coming soon!

OPEN HOUSE: AUG. 13

FIRST DAY OF SCHOOL: AUG. 18

CHRISTMAS BREAK: DEC. 18 - JAN. 3

EASTER BREAK: MAR. 25 - MAR. 30

LAST DAY OF SCHOOL: MAY 18



### Church Decorating Committee

Our Church is always beautiful but even more so at Easter and Christmas. Do you want to be part of the decorating team here at St. Peter? If interested please contact Rose Granich at 573-636-8159 or speak to Rose Granich

Are you expecting a baby?

We have a wonderful group of volunteers who would love to bring you meals after your baby is here!



We're here to help you during this special time!

Text/Call **Darby Carel** at **573-429-1470** for more information.

## TREASURE

U "V " "I

May 3, 2026	\$ 50,444.52
May 10, 2026	\$ 75,938.11
May 17, 2026	\$
May 24, 2026	\$
May 31, 2026	
<b>Budget for May</b>	<b>\$ 262,500.00</b>
<b>Total Collected for May</b>	<b>\$ 126,382.63</b>
<b>Difference</b>	<b>\$ -136,117.37</b>
<b>Budget Goal To Date</b>	<b>\$ 2,362,500.00</b>
<b>Total Collected To Date</b>	<b>\$ 2,494,084.55</b>
<b>Difference</b>	<b>\$ 131,584.55</b>
<b>Facility/Property Maintenance: May</b>	<b>\$ 2,267.00</b>
<b>Facility/Property Maintenance To Date</b>	<b>\$ 72,490.22</b>
<b>Society of St. Vincent de Paul May</b>	<b>\$ 3,196.82</b>

As of Wednesday, May 13, 2026

Thank you for your continued tithing and support of St. Peter's Parish & School!

Now **HIRING!**  
St. Peter Catholic School

### SCHOOL NURSE

HOURS: MONDAY-FRIDAY  
7:15 AM - 3:45 PM

**RN OR LPN REQUIRED**



**CARE**  
Provide daily health care and support for our students.



**SUPPORT**  
Manage health records, medications, and respond to illness or injuries.



**COLLABORATE**  
Work closely with staff, students, and families.



**PROMOTE**  
Help create a safe, healthy, and faith-filled learning environment.



**MISSION**  
Be part of a caring Catholic community that makes a difference every day.



Teaching, Caring, and Growing in Faith



**APPLY TODAY!**

For more information or to apply, please contact:

Dr. Trachsel  
573-636-8922  
Gtrachsel@stpeterjc.org



St. Peter Catholic School  
Our Mission: Inspiring students to Love God their Catholic Faith and Learning.

# PRAYER

## PRAY WITH THE POPE IN MAY

That everyone might have food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

## REZA CON EL PAPA EN MAYO

Para que todos tengan alimento

Oremos para que todos —desde los grandes productores hasta los pequeños consumidores— se comprometan a evitar el desperdicio de alimentos y a asegurar que todos tengan acceso a alimentos de calidad.

## VOCATIONS

Please pray for all who are studying and discerning a vocation to the Priesthood or consecrated life.

Please pray for:  
**Deacon Jacob Hartman**

Congratulations to  
**Katharine Carel  
Emiliano Cabrales Moreno**  
who received First Holy  
Communion  
**May 10, 2026**

## Ascension Prayer

Dear Lord Jesus Christ, right before your Ascension into heaven you told your apostles to be His witnesses to the ends of the earth upon receiving the Holy Spirit. May I be similarly inspired to spread your Gospel message in word and deed, according to your will for me. And may I do so prudently and joyfully, with your help, your guidance, and your grace! And remembering this glorious event, help me to seek what is above, Heaven, where you are seated at the right hand of God the Father!

Online Giving  
St. Peter's Catholic  
Church  
Scan the QR code to  
donate.



Date	Observances	Intentions
<b>Monday May 18</b>	St. John I	12:03pm †Herman Buechter & Martha Borgmeyer
<b>Tuesday May 19</b>	Easter Weekday	8:00am †Trudy Bruns 12:03pm †Joe & Zita Holterman
<b>Wednesday May 20</b>	St. Bernardine	8:00am †Bill & Clare Huber 12:03pm Manning Family
<b>Thursday May 21</b>	St. Christopher	1:30pm †Melvin Schulte
<b>Friday May 22</b>	St. Rita of Cascia	8:00am Esther Kayser 12:03pm †Betty Borman
<b>Saturday May 23</b>	Easter Weekday	4:30pm †Diane (Hillen) Struempf & Mary Helen Hillen
<b>Sunday May 24</b>	Pentecost Sunday	8:00am Ferrell & Margaret Eads family 10:00am Jake & Kallie Brundick 12:00pm People of the Parish

### Join the Fr. Helias Knights of Columbus

Interested in joining the Knights of Columbus Fr. Helias Council #1054, please reach out to our Grand Knight, Joe Schaefer at [joe@joeschaefer.com](mailto:joe@joeschaefer.com) or 573-619-5157

### Diocesan News

Stay up to date on all Diocesan news, announcements, updates, and employment opportunities.

Go to the link below to see the weekly "Monday Morning Memo" from the Chancery. [jwru<llfkqlg ekv{0qti lpgyu/gxgppvul Monday-morning-memo](#)

**CELEBRATE  
Connect**

School Sisters of Notre Dame  
Central Pacific Province

**Open House**

1-3:30 p.m. Sunday, June 7, 2026  
Helias Catholic High School Commons  
1305 Swifts Hwy, Jefferson City

### To Be An "Active" Steward Means

**To Pray:** that is, attend Mass faithfully in the parish on weekends and Holy Days.

**To Participate:** that is, to use one's time and talents to strengthen the parish community and advance the Gospel.

**To Sacrificially Give:** ministries of the parish. The goal is **8%** to the parish and **2%** to other worthy charities.

EVERY THURSDAY  
 PLEUS HALL  
 10:00 AM - \$5/CLASS

# EXERCISE CLASS

## WITH KAY RACKERS

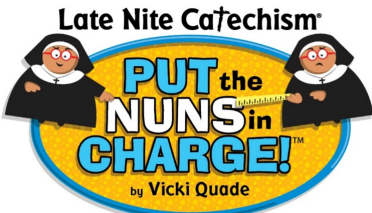


Join us and meet those health goals!

ALL AGES AND FITNESS LEVELS WELCOME!  
 EXERCISES CAN BE DONE ON THE FLOOR OR IN A CHAIR.

**SAVE THE DATE!**  
 Join us this Memorial Day for a historic monument dedication honoring Rev. Jerry Berry, the last Civil War veteran of Osage County! Ceremony will be held at the Chamois Cemeteries in Chamois, MO on Monday, May 25th. Ceremony begins at 1:00 PM, but plan to be in the cemetery by noon. Parking will be available at Most Pure Heart of Mary Catholic Church, with shuttle transportation provided to the cemeteries. Lunch and restrooms will be available on the cemetery hill. All are welcome! For questions, contact Michael Nolte at 913-522-7610

Late Nite Catechism™



SAVE THE DATE

The Sacred Heart Ladies Auxiliary is once again bringing Mrs. Mary Margaret O'Brien back to Columbia, MO and she is funnier than ever in this new comedy by Vicki Quade, "Put the Nuns in Charge!" Make sure you Save the Date for July 10, 2026! You will not want to miss this hilarious, interactive show. Proceeds from this event will go to the Sacred Heart Maintenance Fund. Tickets will go on sale June 6th. Check your church bulletin for further updates.

## AN ECUMENICAL CELEBRATION

An Evening of Faith Sharing and Taizé Music  
 Hosted by the Downtown Jefferson City Clergy

Immaculate Conception Catholic Church  
 1206 E. McCarty St  
 Jefferson City MO 65101  
 Thursday, June 11, 2026  
 6:30 – 8 pm with light refreshments to follow  
 Please join us and bring a friend!

## FORMED

### Saint Rita

St. Rita of Cascia is immortalized in this wonderful, fggrrn{"oqxkpi"Eno0"Vjku"uvqt{"ku"cdqww"vjg"dtxg" woman who married her knight, helped him overcome his dark past and convert to faith, happily bore him two children, and later endures immense pain as she loses everything in her life. Her story and love for Christ will inspire you to great holiness!

### The Ascension | Sacred Art

Join Dr. Ben Akers and Taylor Kemp to expand your knowledge of sacred art. In this episode on Formed, they discuss The Ascension of Christ by Jacopo Tintoretto.

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# NURSES NOTES

*Spotlighted Column Topics: motivation for healthful behavior changes, physical activity benefits, May movement*

A few weeks back, the focus of the Nurse's Notes column was current physical activity guidelines for Americans. Due to their vastness, I had planned to expand on the topics of physical activity and health/wellness goals in subsequent columns. Though I did not realize it at the time, this plan works out serendipitously ~ I have since learned that, indeed, **May is National Physical Fitness and Sports Month**. Excellent!

As noted in that 4/26 column, only about 1 in 5 of us achieve the recommended amount of physical activity to maintain good health. Our daily lives are filled with an overabundance of stimuli and a plethora of demanding expectations. When there is so much to work on and/or we are far from guideline goals, it can feel frustrating and impossible. For some of us, that can transform into feelings of "Why even try?"

Of the *many* lessons I have learned during my nursing career, one poignant lesson is particularly fitting now ~ **No 2 people are alike in what motivates them to make healthful behavior changes and how they respond to wellness-based teaching.** On the 2 ends of the spectrum ~ Some patients will follow precisely every single care instruction from their healthcare team, while others will do whatever they want with complete non-adherence to health instructions. Most of us, though, are somewhere in between. As someone who has always liked to know the WHY behind things, I got into a habit early in my career of explaining the WHYs of instructions and guidelines to patients. The rationale is that this teaching approach might just ignite motivation in someone for whom just saying "Do this" does *not* work.

Even though we may all KNOW what the actual physical activity guidelines are for our cohort, some of us struggle with that knowledge becoming motivation, and then that motivation transforming into ACTION. This can be especially true for those of us who do not particularly enjoy exercising. **Think about your current health and your family's health history.** Perhaps learning how physical activity can positively impact a health issue that ails you and/or your loved ones, may be just the ignition switch you need to **get moving in May** 😊

**"As a person becomes physically active, the health of the entire body improves"** (DeBruyne & Pinna, 2020, p. 280). Here are a few of the amazing benefits that can be gained on our journeys to becoming physically fit:



- ✓ Lower risk of colon cancer, breast cancer, and some other cancers
- ✓ Stronger circulatory (heart + vessels) and respiratory (lung) systems
- ✓ Improved immunity / resistance to colds and other infectious diseases
- ✓ Decreased risk of developing type 2 diabetes + improved blood sugar regulation for those who already have type 2 diabetes
- ✓ Reduced risk of gallbladder disease
- ✓ Stronger self-image + improved body composition (DeBruyne & Pinna, 2020, p. 280-281)

.... and more! Let's get moving!

In Health, Wellness, & Positive Behavior Change ~ **Abbie Bredeman, MSN, RN** (Parish Nurse)

DeBruyne, L. K., & Pinna, K. (2020). *Human nutrition & diet therapy* (10<sup>th</sup> ed.). Cengage Learning.

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## Bee at Home L.L.C.

**Believe in the possibility of help and healing. there is hope.**

-Your local Victim Assistance Coordinator is available to help you or anyone who has been abused or victimized by someone representing the Catholic Church. We will listen to your needs and support you. We will help you make a formal complaint and arrange a personal meeting with the bishop or his delegate, if desired. We encourage you to come forward and speak out. -Any known or suspected abuse or neglect of children or adults should be immediately reported to the appropriate legal authorities.-

To report concerns or suspected abuse by diocesan personnel, also contact: Jacqueline Baldwin, Victim Assistance Coordinator:

**reportabuse@diojeffcity.org and 573-694-3199.**

Missouri Child Abuse and Neglect Hotline:

1-800-392-3738 or 1-844-CAN-TELL

Missouri Adult Abuse and Neglect Hotline

1-800-392-0210

V j g " F k q e g u g " q h " L g g t u q p " E k v { " j c u " w r f c v g f " v j g k t " y g d - site to include a new whistleblower hotline that anyone e c p " w u g " v q " t g r q t v " L p c p e k c n " o k u e q p f w e v . " j w o c p " t g u q w t e - es concerns, or any other issues. **The hotline number is: 573-635-0386.** Information about the hotline is available at the top of the **diojeffcity.org** webpage via the "Report Abuse or Misconduct" link. This page also includes instructions for the existing methods of reporting abuse. The new whistleblower hotline is available in both English and Spanish. Callers are prompted to leave a message with their concerns. The message will immediately be sent by email to three people — one Chancery employee and two lay people who are not employees of the diocese. The three will confer and ensure the issue is properly investigated. All parishes are encouraged to inform the faithful about the whistleblower hotline and to use it for any concerns that arise.

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